



MUKAND LAL NATIONAL COLLEGE

(Affiliated to Kurukshetra University, Kurukshetra) Estd. 1955

YAMUNA NAGAR – 135 001 (Haryana)

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Criteria 3- Research, Innovations and Extension (110)

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity
Session 2017-18			
Awareness lecture and formation of Red Ribbon Human Chain	Red Cross Club	Red Cross Club	2017
Training Programme	Red Cross Club	Disaster Management	2017
Poster Making and Slogan Writing Competition	Red Cross Club	Voluntary Blood Donation Camp	2017
Red Ribbon Human Chain and Story Writing	Red Cross Club	Red Cross Club	2017
Oral Health Check up camp	Women study Cell	Women Study Cell	2017
Training Cum Awareness Camp	Red Cross Club	HIV/AIDS Blood Transfusion	2018
Human Chain Formation	Red Cross Club	Red Cross Club	2018
Special Seven Day camp organized in MLN College	NSS	NSS	2018
Poster Making and Screening of movie	Haryana State AIDS Control Society, Panchkula	AIDS Control	2018
Documentary Film, Poster Making, Painting, Portrait and Photography Competitions	Women Study Cell	Women Study Cell	2018
Extension lecture on Women Empowerment	Women Study Cell	Women Study Cell	2018
Session 2018-19			
Road Safety Awareness Examination	Haryana Police Department and Road Safety Club	Road Safety Awareness	2018
Slogan, Declamation Contest, Lecture on Drug Abuse	District Legal Services Authority, Yamuna Nagar	campaign regarding Drug Abuse	2018
A campaign regarding Drug Abuse and Abuse of other Intoxicants was conducted by Legal Literacy Cell	District Legal Service Authorities Yamuna Nagar.	Drug Abuse and Abuse of other Intoxicants	2018
Lecture, Documentary film & Poster Making Competition	Red Cross Club	Observance of International Youth Day	2018

Run for unity	NSS	NSS	2018
Pledge for life anti tobacco activity	NSS	NSS	2018
Swachhta Pakhwada	NSS	NSS	2018
Seven days camp	NSS	NSS	2019
Live telecast of National Youth Parliament Festival (NYPF) 2019 (27 Feb 2019)	NSS	NSS	2019
Conducted a campaign regarding new project "Living in the Shadows" for Acid Attack Victims in the State of Haryana	Collaboration with DLSA, Yamuna Nagar	Living in the shadows	2019
POSHAN PAKHWADA from 8th to 22nd March, 2019	NSS	NSS	2019
One day Eye check-up camp	Women Study Cell	Women Study Cell	2019
Camp organized for voter card	Electoral Literacy Cell	Electoral Literacy Club	2019
Session 2019-20			
Voluntary Blood Donation & Poster Making Competition	Red Cross Club	Observance of Voluntary Blood Donation Fortnight	2019
Poster Making Competition	Red Cross Club	Red Cross Club	2019
One Day Seminar on Anti-Narcotics	Red Cross Club	Red Cross Club	2019
Voter Awareness	NSS Units	Haryana Assemble Election 2019	2019
Swachh Bharat Summer Internship (SBSI) 2.0	NSS Units	swachchhta programme	2019
plantation	NSS	JAL SHAKTI ABHIYAN	2019
Declamation contest on theme patriotism and nation building	NSS	NSS	2019
Debate, Declamation, Photography and Documentary Film making competitions on Women Empowerment	Women Study Cell	Gender Issues	2019
Poster Making and Slogan Writing Competition on "Blood Donation"	Women Study Cell	Women Study Cell	2019
Rangoli, Painting and Mehndi Competitions on the theme "Voter Awareness"	Women Study Cell	Women Study Cell	2019
Extension lecture on the topic "Women Entrepreneurship"	Women Study Cell	Women Study Cell	2019
Distribution of Mask and sanitiser	NSS Units	College Fund	2020
Red Cross Camp	Indian Red Cross Society, Haryana State Branch	District Level Youth Red Cross Camp	2020
One day Oral Health Check up camp	Women Study Cell	Women Study Cell	2020
Painting competition, open mike session, slogan writing competition and calligraphy competition on "Women Empowerment"	Women study Cell	Women Study Cell	2020

Webinar on the topic "Impact of COVID-19 on Indian economy (with special reference to women in India)"	Women Study Cell	Women Study Cell	2020
Rally on voter awareness	Electoral Literacy Club	Electoral Literacy Club	2020
Session 2020-21			
Fortnight Campaign on International Day against Drug Abuse & Illicit Trafficking Day (June 26 to July 10 2020)	Red Cross Club	Red Cross Club	2020
Tree Plantation Activity	NCC	Van Mahotsav	2020
Statue Cleaning	NCC	Shaheedee Diwas	2020
Poster Making	NCC	Kargil Diwas	2020
Swachhatta Abhiyaan	NCC	Social Responsibilities by NCC cadets	2020
Vrikshabandhans	NSS	NSS	2020
Fit India Freedom Run	NSS Unit	NSS	2020
National Level Poster Making, Slogan Writing, competitions on the topic "My Girl My pride"	Women study Cell	Gender issues	2020
Celebration of National Road Safety Month	NSS Unit	NSS	2021
NSS Two Days Camp	NSS Unit	NSS	2021
Slogan Writing, Painting Competition and Poem Recitation Competition	Legal Literacy Cell	Legal Literacy Cell	2021
Farmers' Flare	SF Department	SF Department	2021
National level Quiz Competition	Disaster Management Cell	Disaster Management Cell	2021
No Tobacco Pledge	Tobacco Control Cell	Tobacco Free Educational Institution	2021
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Tree plantation	SF Department	SF Department	2021
National Level Webinar on COVID-19	women study cell	National level event	2021
Covid-19 Vaccination Camp	NSS and IQAC	organised Covid-19 vaccination camp	2021
Celebration of Swachhta Pakhwada.	NSS	Celebration of Swachhta Pak&wada.	2021
Organized Rendering of the National Anthem of the India	NSS	Organized Rendering of the National Anthem of the India	2021
Tree plantation	NSS	Celebration of 1st week of Poshan Maah	2021
Ist week of Poshan maah, Slogan writing (Theme-"Nutritive food for the Pregnant Ladies" (Hindi or English))	NSS	NSS	2021
2nd week of Poshan Maah "Yoga session"	NSS	NSS	2021

2nd week of poshan Maah "Recipe Competition on theme "Nutritive food for the Pregnant Ladies""	NSS	NSS	2021
Fit india freedom run 2.0(One day camp)	NSS	NSS	2021
No Tobacco Pledge	Tobacco Control Cell	Tobacco Free Educational Institution	2021
Awareness Lecture	Entrepreneurship Development Club	Entrepreneurship Development Club	2021
Prevention and Control of Non - communicable Diseases	NSS	Prevention and Control of Non -communicable Diseases	2021
One Day camp Theme "Prevention and Control of non Communicable Diseases "	NSS	One Day camp Theme "Prevention and Control of non Communicable Diseases"	2021
Prarambh Level 1	Entrepreneurship Development Club	Prarambh Level 1	2021
Orientation Lecture Cum Extension Programme	Entrepreneurship Development Club	Orientation Lecture Cum Extension Programme	2021
Awareness On Govt. Schemes For Young Entrepreneurs	Entrepreneurship Development Club	Awareness On Govt. Schemes For Young Entrepreneurs	2021
Organized National Level open Mike session on the topic "Famous Indian Women since Independence"	Women Study Cell	Women Study Cell	2021
National Webinar on the topic Digital Manifestation in Women's Lives(A New Normal)	Women study Cell	Gender issues	2021
Session 2021-22			
Organized online state level competition on the theme Blood Donation	Women Study Cell	Women Study Cell	2021
Organized online state level power point presentation competition on the theme Women Empowerment	Women Study Cell	Women Study Cell	2022
Pledge Against Drugs	Anti-Tobacco Cell	Tobacco Free Institutions	2022
surya namaskar activity	NSS	NSS	2022
Seven days camp	NSS	NSS	2022
Documentary film 'Teach aids' on awareness of HIV/AIDS, Online Awareness Lecture on HIV/AIDS, Promotion of National Toll Free Helpline 1097 and NACO AIDS APP	Red Cross Club	Red Cross Club	2022
Quiz Competition on HIV/AIDS, Tuberculosis (TB), Awareness lecture on HIV/AIDS and TB	Red Cross Club	Red Cross Club	2022

Online state level Declamation and Painting competition	Legal Literacy Cell	State level competitions	2022
Har Ghar Tiranga	NSS	NSS	2022
IP Awareness	NSS	NSS	2022
Poem recitation and poster making competitions	Legal Literacy Cell	College level competitions	2022
Online National level Slogan writing competition	Electoral Literacy Club	Electoral Literacy Club	2022
Organized an expert talk on Diversity in Higher Education leads to Women Empowerment	Women Study Cell	Women Study Cell	2022


Principal
Mukand Lal National College,
YAMUNA NAGAR (Haryana)

Dr. Ritu Kumar
Principal (Offg.)